



DPsych: Existential Counselling Psychology and Psychotherapy

Jointly delivered (subject to institutional re-approval) by:

**Middlesex University and the New School of Psychotherapy and
Counselling, London UK**

Course Leader: Prof. Emmy van Deurzen

Deputy Course Leader: Jill Mytton

DPsych: Existential Counselling Psychology and Psychotherapy

This is a joint Middlesex University (subject to revalidation) and New School of Psychotherapy and Counselling programme. Subject to revalidation, will lead to a Professional Doctorate in Existential Counselling Psychology. The doctoral programme also has accreditation with the British Psychological Society, so that it will lead to chartering as a counselling psychologist as well as to HPC registration as a counselling psychologist.

Curriculum

The four-year programme will require your presence at College for one day a week for three terms a year. There will be some weekend workshops to attend as well. In addition you will need to be in a continuous supervised counselling psychology placement for the latter three years of the programme, as well as producing a number of substantial pieces of qualitative research, case studies and a final dissertation. We require you to be in on going personal therapy as part of your training (at least 150 hours in total).

The programme will be offered on an intensive basis for distance learners. Some units of the first two years of the programme, at level four, can be taken either on a Wednesday, on a Saturday or on an intensive basis for those entering the programme with advanced standing. There will be a Friday cohort starting from year one of the programme starting in September

07. The last two years of the programme, at level five, can only be taken on an intensive basis at this stage, though some of the required elements will also be offered on a Wednesday.

Entry Requirements

- You will need to have a good Bachelor's Degree in Psychology and hold the graduate basis for registration (GBR) with the British Psychological Society to enroll on this programme.
- In addition we require you to have completed an introductory course in psychotherapy and counselling such as the New School's own Foundation Course. If you have not yet done such a course you may enroll initially on our Wednesday evening or intensive foundation course. See our main prospectus for further details.
- You will also need to show personal suitability for the course. After receiving your application we will invite you to interview with the Director of the programme. In this interview we will discuss theoretical, practical, personal and research elements of the programme. An interest in philosophy and evidence of a self-reflective life-style will need to be shown as well.
- Students who have previously studied at a postgraduate level may be eligible for advanced standing on the postgraduate programme. This will be assessed on an individual basis at interview.

Structure of the DPsych: Existential Counselling Psychology and Psychotherapy

							Credits
One: Level 4	Theory and Practice One (40)				(20)	(20)	80
	Existential Theory & Practice	Psychoanalytic Theory & Practice	Critical Psychopathology Theory & Practice	Placement & Project Planning	Research Methods I	Review of Learning	
Two: Level 4	Theory and Practice Two (40)				(20)	(40)	100
	Advanced Existential	Cognitive-Behavioural	Life Span Psychology	Placement & Supervision	Research Methods II	Programme Planning Small Project	Exit Award: MSc
Three: Level 5	Theory and Practice Three (40)				(20)	(40)	100
	Counselling Psychology Skills & Assessment	Social & Ethical Issues for Counselling Psychology	Counselling Psychology Settings & Integration	Placement & Supervision	Research Methods III	Case Study	
Four: Level 5	Theory and Practice Four (40)				(40)	(180)	260
	Existential Supervision Training	Existential Group Training	Academic Supervision of Projects	Placement & Supervision	Leadership Training Project	Research Project: Research (35 000 words)	Final Award: DPsych
Total credits:							540

Teaching Staff

Prof. Emmy van Deurzen *PhD, MPhil, MPsych, FBPsS, FBACP, C.Psychol, UKCPF (Course Leader)*

Jill Mytton, Deputy Course Leader)

Martin Adams
Claire Arnold-Baker
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Helen Hayes
Hugh Hetherington
Denise Ielitto
Bernie Joy

Barbara Karban
Werner Kierski
Rupert King
Darren Langdridge
Simone Lee
Jackie Lewis
Rosemary Lodge
Antonia Macaro
Chris Maddox
Gregory Madison
Elena Manafi
Mo Mandic
Catriona May
Daniel Mirea
Diana Mitchell

Christine Moutsiou
Diana Pringle
Mark Rayner
Susanna Rennie
Jan Sheppard
Pnina Shinebourne
Naomi Stadlen
Alison Strasser
Richard Swynnerton
Digby Tantam
Grace Tantam
Aneta Tunariu
Elizabeth Turner
Devang Vaidya
Christina Vallianatou

Annamarie Visser
Karen Weixel-Dixon
Charles Wells
Damian White
Gerlinde Wilberg
Emma Wilkinson
Karen Weixel Dixon
Brinley Yare
Sarah Young

How to Enrol

Complete an application form (obtainable from the address below, or from our website www.nspc.org.uk) and send it to NSPC together with the £50 application fee and the following materials:

- Recent CV.
- Four recent passport sized photographs.
- Copy of passport.
- Photocopies of relevant professional and academic diplomas.
- Personal Statement -Please provide further details of your personal and professional background which are relevant for applying to a course of this nature.

Please send the application form to the administrator at the following address:

New School of Psychotherapy & Counselling, 258 Belsize Road, London NW6 4BT, or email to admin@nspc.org.uk