



DProf: Existential Psychotherapy and Counselling

Jointly delivered (subject to institutional re-approval) by:

Middlesex University and the New School of Psychotherapy and Counselling, London UK

Course Leader: Prof. Emmy van Deurzen
Deputy Course Leader: Dr. Pnina Shinebourne

DProf: Existential Psychotherapy and Counselling

This is a joint Middlesex University (subject to revalidation) and New School of Psychotherapy and Counselling programme. Subject to revalidation, it will lead to a Professional Doctorate in Existential Psychotherapy and Counselling. Successful completion of the doctoral programme will also lead to accreditation as an existential psychotherapist with the United Kingdom Council of Psychotherapy. Admissions interviews happen as applications come in and places are allocated on a first come first serve basis.

Curriculum

The programme is a full time course over four years. The programme will require your presence at College for one day a week for three terms a year. There will be some weekend workshops to attend as well. In addition you will need to be in a continuous supervised psychotherapy placement for the latter three years of the programme, as well as producing a number of substantial pieces of qualitative research, case studies and a final dissertation. We require you to be in on going personal existential therapy as part of your training (at least 150 hours in total). The following is a guideline to likely workloads:

Contact Time 9 hours per week (Wednesday, Saturday or intensive) Personal Therapy 1 hour per week (Year 1 onwards) Personal Study 30 hours per week (Year 1 onwards) Placement 6 hours per week (Year 2 onwards) Tutorials 2 hours per week (Year 2 onwards)

The programme will be offered on an intensive basis for distance learners. Some units of the first two years of the programme, at level four, can be taken either on a Wednesday, on a Saturday or on an intensive basis for those entering the programme with advanced standing. The last two years of the programme, at level five, can only be taken on an intensive basis, though some of the required elements will also be offered on a Wednesday.

Entry Requirements

- You will need to have a good Bachelor's Degree in a relevant subject or have equivalent professional training and experience.
- In addition we require you to have completed a foundation course in psychotherapy and counselling such as the New School's own Foundation Course. If you have not yet done such a course you may enrol initially on our Wednesday evening or intensive foundation course. See our main prospectus for further details.
- You will also need to show personal suitability for the course. After receiving your application we will invite you to an interview with the Director of the programme. In this interview we will discuss theoretical, practical, personal and research elements of the programme. An interest in philosophy and evidence of a self-reflective life-style will need to be shown as well.
- Students who have previously studied at a postgraduate level may be eligible for advanced standing on the postgraduate programme. This will be assessed on an individual basis at interview. Those who have previously completed the NSPC MA in Existential Psychotherapy and Counselling will be in a position to enter at level five after a programme planning module.

Structure of the DProf: Existential Psychotherapy and Counselling

One: Level 4	Theory and Practice One (40)				(20)	(20)		80
	Existential Theory & Practice	Psychoanalytic Theory & Practice	Critical Psychopathology Theory & Practice	Placement & Project Planning	Research Methods I	Review of Learning (RAL)		Exit Award: PGCert
Two: Level 4	Theory and Practice Two (40)				(20)	(40)		100
	Advanced Existential	Cognitive-Behavioural	Life Span Psychology	Placement & Supervision	Research Methods II	Programme Planning Small Project if exiting with MA (8000 words)		Exit Award: PGDip (120) or MA with Project (180)
Three: Level 5	Theory and Practice Three (40)				(20)	(40)	(80)	180
	Families & Systems	Social & Ethical Issues	Human Sexuality	Placement & Supervision	Research Methods III	Case Study (8000 words)	Part 1 Research Project	Exit Award: MProf (360)
Four: Level 5	Theory and Practice Four (40)				(40)	(100)		180
	Existential Supervision Training	Existential Group Training	Academic Supervision of Projects	Placement & Supervision	Leadership Training Project	Part II Research Project plus viva on final portfolio (35000 words)		Final Award: DProf
	Total credits:							540

Teaching staff

Prof. Emmy van Deurzen *PhD, MPhil, MPsych, FBPsS, FBACP, C.Psychol, UKCPF (Course Leader)*

Dr. Pnina Shinebourne (Deputy Course Leader)

Martin Adams	Sanja Oakley
Claire Arnold-Baker	Diana Pringle
Yannis Arzoumanides	Mark Rayner
Manu Bazzano	Susanna Rennie
Marco Cortez	Jan Sheppard
Jane Curzon	Naomi Stadlen
Niki D	Alison Strasser
David Dickey-Collas	Richard Swynnerton
Akaterini Fotopoulou	Digby Tantam
Marcia Gamsu	Grace Tantam
Monica Hanaway	Aneta Tunariu
Helen Hayes	Elizabeth Turner
Hugh Hetherington	Devang Vaidya
Denise Ielitto	Christina Vallianatou
Bernie Joy	Annamarie Visser
Barbara Karban	Karen Weixel-Dixon
Werner Kierski	Charles Wells
Rupert King	Damian White Gerlinde Wilberg
Darren Langdridge	Emma Wilkinson
Simone Lee	Karen Weixel Dixon
Jackie Lewis	Brinley Yare
Rosemary Lodge	Sarah Young
Antonia Macaro	
Chris Maddox	
Gregory Madison	
Elena Manafi	
Mo Mandic	
Catriona May	
Daniel Mirea	
Diana Mitchell	
Christine Moutsiou	

How to Enrol

Complete an application form (obtainable from the address below, or from our website www.nspc.org.uk) and send it to NSPC together with the £50 application fee and the following materials:

- Recent CV.
- Four recent passport size photographs.
- Copy of passport.
- Photocopies of relevant professional and academic diplomas.
- Personal Statement -Please provide further details of your personal and professional background which are relevant for applying to a course of this nature.

Please send the application form to the administrator at the following address:

New School of Psychotherapy & Counselling, 258 Belsize Road, London NW6 4BT, or email to admin@nspc.org.uk