

NEWSLETTER



New School of Psychotherapy and Counselling

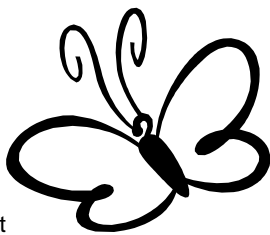
Statement from the Director – *Emmy van Deurzen*

Dear all

This has been a busy (and rather cold) term and though the snow is only just melting Easter seems to be upon us and essays are to be written and marked! We had a pleasant graduation ceremony at the University of Sheffield earlier this term and were proud to see so many NSPC students graduating with their MA or Diploma. We also had good news from David Simpson who is recovering well from his operation and hopes to come back and teach for us soon. We also went through the accreditation meeting with the British Accreditation Council: many thanks to all staff and students who accommodated observers into their class at short notice!

And now we are moving forwards with some new programme ideas: we are expanding our short course programme and will welcome staff ideas for further workshops. I will be offering some workshops of my own over the summer months (see below). Before long you should be able to find information about all such extras on our new website which is to be launched in the next weeks. Do go and have a look and join us on the NSPC forum! Our new prospectus will also appear in the next weeks. Don't hesitate to pick up a copy for interested friends or colleagues. Then later in the spring we hope to see the publication of the long awaited book edited by Claire Arnold-Baker and myself: [Existential Perspective on Human Issues: A Handbook for Practice](#). Many staff and graduates of NSPC have contributed to this and so the book should prove a useful tool for your studies. Before that the new [Dictionary of Existential Psychotherapy and Counselling](#), co-authored by Raymond Kenward and myself, will be published by Sage: another helpful resource for writing those essays! Do come to the Society for Existential Analysis conference in May, where you will be welcome at the launch of the Dictionary.

Before that though, I wish you a good end of term and a happy Easter break.



best

Emmy

New Courses/ Workshops

The New School of Psychotherapy and Counselling

is pleased to present a series of existential workshops

led by Prof. Emmy van Deurzen

Existential Work with Dreams and Emotions

To be held on Friday 8th July 2005 from 11am-4pm

Existential Couple Work

To be held on Wednesday 14th September 2005 from 12pm-5pm

Each workshop costs £120, but a discounted fee of £90 is available to current NSPC students. To apply please complete the New School's standard application form. Places will be allocated on a first come first served basis upon payment of a non-returnable deposit of £20.

The next module of the Certificate in Existential Supervision and Training will be on Existential Group Work will be offered on Wednesdays from 2pm-5pm in the Spring Term 2005 and will be taught by **Emmy van Deurzen**. Please contact Claire Arnold-Baker for further details.

Existential Group Work

Existential group work can be used for peer support, self exploration, life management or professional development and all these aspects will be considered on the course. The contributions of a range of salient theories of group psychotherapy will be considered in terms of their relevance to existential group work. There will be plenty of opportunity for active participation, some experimentation and the exploration of different modalities of practice.

Courses Offered in the Spring Term 2005

- **Introduction to Existential Psychotherapy and Counselling**, Sanja Oakley
Tuesdays 6pm-8pm
- **Foundation Course in Psychotherapy and Counselling**
Wednesdays 5.30pm-9.30pm
Psychoanalytic and Psychodynamic Theory and Practice, Paul Page-Hanson,
David Horne
- **Postgraduate Certificate**
Wednesdays 10am-5pm
Psychopathology, David Simpson; **Clinical Seminar**, Nick Kirkland-Handley

Saturdays 10am-5pm

Existential Theory, Barbara Karban; **Existential Practice**, Paul Page-Hanson

- **Postgraduate Diploma/M.A.**

Wednesdays 2pm-5pm

Existential Time-Limited Therapy, Jacky Lewis

Saturdays 10am-1pm

Cognitive Behavioural Therapy, David Simpson

INTENSIVE BLOCK PROGRAMME (30th March – 3rd April)

Therapeutic Relationship, Simone Lee

Online Chatroom Fridays 1pm-2pm (UK time)

SEPTIMUS: Conflict Management, Emmy van Deurzen and Digby Tantam

NEW NSPC WEBSITE – www.nspc.org.uk

The redesigned New School website will be going live this term and has been expanded to provide students with an extra resource for their studies. Useful information such as term dates and course requirements are available to all users of the site with an extra section for students only, which provides access to restricted information and resources. Previous NSPC newsletters can also be found on the website. The site was provided by Matthew Gerner, a student of the New School and freelance website designer.

10% off website design services

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Call Matthew on 07769 734980 or email inbox@digidesign.co.uk

digidesign.co.uk
designers of www.nspc.org.uk

Students of the New School and registered therapists seeking web design services are offered a reduction of 10% and should contact Matthew directly on 07769 734980 or email inbox@digidesign.co.uk

UKCP Registered Graduates

The following MA graduates have now been registered with the UKCP.

Eleanor Bailey
Kate Billingham
Helen Eckersley
Ronit Feigenbaum
Clare Mann
Gideon Menda
Lesley Millane
Glenn Pennington
Anne-Marie Sternhufvud
Martin Sternhufvud
Rojer Whieldon

Society of Psychotherapy

A Phenomenological Exploration of Our Earliest Relationships - a discussion with Naomi Stadlen

The practice of psychotherapy and counselling depends on how we relate to clients. When and how, then, do we first learn to relate? How far do our earliest relationships influence the way we relate as adults, and practitioners? Naomi Stadlen has run Mothers Talking, a weekly discussion group for mothers, since 1991. Her book, *What Mothers Do - Especially When It Looks Like Nothing*, was published in 2004.

Wednesday 27th April 2005 at
6.30pm

A discussion group with...

Karen Weixel-Dixon:
The Challenges of Existential
Psychotherapy

Wednesday 18th May 2005 at
6.30pm

Karen will facilitate a discussion about the challenges inherent in the practice of existential psychotherapy: temporality, responsibility, choice, change, trust, guilt etc. Karen invites all attendees to bring relevant and personal concerns, queries, and insights for discussion.

Both events will take place at Schiller International University, Royal Waterloo House, 51-55 Waterloo Road, London SE1 8TX (Nearest Tube: Waterloo)

Admission: £5 Non-members, £2.50 Members. EVERYONE WELCOME. Refreshments will be served. To reserve a place please call Claire Arnold-Baker on 020 7928 4344

News of the Society's next events can be found on the website at www.societyofpsychotherapy.org.uk

Staff News

We would like to welcome the following new staff members who have been working at the New School from Autumn 2004.

Kishore Chandiramani - Psychopathology
Simone Lee – Existential Practice &
Foundation Course

Jacky Lewis – Psychoanalysis Practice
Elena Manafi – Counselling Psychology
Settings

Christina Valliantou – Research Methods
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& 2

Charles Wells – Counselling Psychology
Skills & Psychopathology

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The next staff meeting will be held on Wednesday 23rd March at 12pm.

Postgraduate Programme

Interim Exam Board

There will be an interim Exam Board held on Wednesday 16th March for those students who will have completed their work.

Low cost therapy

MA students who are starting a private practice may be interested in going on our low cost therapy list. You will need proper accommodation in which to see clients and also professional insurance. The fee you could charge is £20 a session. If you are interested in going on the list, please contact Claire Arnold-Baker and ask for an application form.

Board of Studies Meeting

The next Board of Studies meeting will take place on **Wednesday 23rd March 2005 at 2pm**. We hope that some staff and the student representatives will be able to join the meeting.

Please could each group elect a student representative to be present at this meeting. If this is not possible written reports can be submitted.

UPCA Membership

Just to remind everyone that if you want UKCP registration you must be a member of UPCA for the duration of your training. Application forms can be obtained from the New School's office.

Foundation Course

Students who will be graduating at the end of this term and who would like to apply to the Postgraduate Programme to start in April will need to get their applications in soon so that an interview can be arranged.

Notice Board

SEA ANNUAL CONFERENCE

"Developing a Reflective Practice" is the title of this year's conference hosted by the Society for Existential Analysis.

The event will take place on 22 May, at the Thistle Hotel, directly behind Euston Station.

Professor Emmy van Deurzen will present: 'Existential Supervision: Reflecting on Living'. Professor van Deurzen will be joined by John Rowan, who will address "The Therapist's Use of Self"; and by Professor Digby Tantam, who will address the concept of narratives in Existential Psychotherapy; and by Tim LeBon, who will address an aspect of Philosophical Counselling relative to the theme.

There will be a party immediately following the conference, to celebrate the launch of the publication "Dictionary of Existential Psychotherapy and Counselling" (Sage), written by Professor van Deurzen and Dr. Raymond Kenward.

£65.00 for Society members and Students, £80.00 for non-members, including tea/coffee, lunch with beverages and post-event party. Further information can be obtained on the website: www.existentialanalysis.co.uk, or from the conference organiser: karenweixeldixon@aol.com.

R. D. Laing conference is on Saturday March 5th. It is sponsored by The Royal College of Psychiatrists (Philosophy Special Interest Group) in conjunction with the Philadelphia Association. It is taking place at the Brunei Gallery Lecture Theatre, Thornhaugh Street, Russell Square, London, WC1H 0XG.

Dr Salman Raschid is the convenor and speakers include Professors William Fulford (Oxford), Andrew Scull (U. of California, San Diego), David Healy (U of Wales, Bangor) and Nikolas Rose (LSE).

Anyone interested should contact the Philadelphia Association (0207-794-2652).

<p>TERM DATES 2005</p> <p>Spring Term 2005 25th April - 2nd July</p>

<p>Autumn Term 2005 3rd October - 10th December</p>
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Intensive Dates

Please find below the dates of when the intensive blocks will be offered.

<p>Foundation Course in Psychotherapy and Counselling</p>
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Issues in Psychotherapy
16th - 20th April 2005
Humanistic and Existential
3rd - 7th September 2005
Psychoanalysis and Psychodynamic
January 2006

<p>Postgraduate Programme in Existential Psychotherapy and Counselling</p>

Postgraduate Certificate

Psychoanalysis Theory & Practice
a 3rd - 7th Sept 2005
b 14th - 18th Dec 2005

Postgraduate Diploma and MA

Theory Module → 30th Mar - 3rd Apr 2005
Supervision → 4th - 5th Apr & 9th - 10th Jul
2005
Theory Module → 3rd - 7th Sept 2005
Supervision → 8-9th Sept & 14th-15th Dec 2005



The next Newsletter will come out in the Spring Term 2005.

If you would like to contribute please submit your comments / letters / favourite websites etc by Week 3 of the Spring Term 2005.

We look forward to your contributions and have a good rest of the term and a restful and peaceful vacation!