



**New School of Psychotherapy and
Counselling – London**

with



**Middlesex
University**

Middlesex University - London

DProf:

**Existential Psychotherapy and
Counselling**

Jointly delivered by:

**Middlesex University and the New School of
Psychotherapy and Counselling, London UK**

Subject/Programme Leader: Prof. Emmy van Deurzen

DProf: Existential Counselling and Psychotherapy

This is a joint Middlesex University and New School of Psychotherapy and Counselling programme. It will lead to a Professional Doctorate in Existential Psychotherapy and Counselling. Successful completion of the doctoral programme will also lead to accreditation as an existential psychotherapist with the United Kingdom Council of Psychotherapy. Admissions interviews happen as applications come in and places are allocated on a first come first serve basis.

Curriculum

The programme is a full time course over four years. The programme will require your presence at College for one day a week for three terms a year. There will be some weekend workshops to attend as well. In addition you will need to be in a continuous supervised psychotherapy placement for the latter three years of the programme, as well as producing a number of substantial pieces of qualitative research, case studies and a final dissertation. We require you to be in on going personal existential therapy as part of your training (at least 150 hours in total). The following is a guideline to likely workloads:

Contact Time	9 hours per week (Wednesday, Saturday or intensive)
Personal Therapy	1 hour per week (Year 1 onwards)
Personal Study	30 hours per week (Year 1 onwards)
Placement	6 hours per week (Year 2 onwards)
Tutorials	2 hours per week (Year 2 onwards)

The programme will be offered on an intensive basis for distance learners. Some units of the first two years of the programme, at level four, can be taken either on a Wednesday, on a Saturday or on an intensive basis for those entering the programme with advanced standing. The last two years of the programme, at level five, can only be taken on an intensive basis, though some of the required elements will also be offered on a Wednesday.

Entry Requirements

- You will need to have a good Bachelor's Degree in a relevant subject or have equivalent professional training and experience.
- In addition we require you to have completed a foundation course in psychotherapy and counselling such as the New School's own Foundation Course. If you have not yet done such a course you may enrol initially on our Wednesday evening or intensive foundation course. See our main prospectus for further details.
- You will also need to show personal suitability for the course. After receiving your application we will invite you to an interview with the Director of the programme. In this interview we will discuss theoretical, practical, personal and research elements of the programme. An interest in philosophy and evidence of a self-reflective life-style will need to be shown as well.
- Students who have previously studied at a postgraduate level may be eligible for advanced standing on the postgraduate programme. This will be assessed on an individual basis at interview. Those who have previously completed the NSPC MA in Existential Psychotherapy and Counselling will be in a position to enter at level five after a programme planning module.

Structure of the DProf: Existential Psychotherapy and Counselling

Year	Theory and Practice				Research	Projects	Credits	
One: Level 4	Theory and Practice One (40)				(20)	(20)	80	
	Existential Theory & Practice	Psychoanalytic Theory & Practice	Critical Psychopathology Theory & Practice	Placement & Project Planning	Research Methods I	Review of Learning (RAL)	Exit Award: PGCert	
Two: Level 4	Theory and Practice Two (40)				(20)	(40)	100	
	Advanced Existential	Cognitive-Behavioural	Life Span Psychology	Placement & Supervision	Research Methods II	Programme Planning Small Project if exiting with MA (8000 words)	Exit Award: PGDip (120) or MA with Project (180)	
Three: Level 5	Theory and Practice Three (40)				(20)	(40)	(80)	180
	Families & Systems	Social & Ethical Issues	Human Sexuality	Placement & Supervision	Research Methods III	Case Study (8000 words)	Part 1 Research Project	Exit Award: MProf (360)
Four: Level 5	Theory and Practice Four (40)				(40)	(100)	180	
	Existential Supervision Training	Existential Group Training	Academic Supervision of Projects	Placement & Supervision	Leadership Training Project	Part II Research Project plus viva on final portfolio (35000 words)	Final Award: DProf	
Total credits:							540	

Teaching Staff

Director

Prof. Emmy van Deurzen *PhD, MPhil, MPsyCh, FBPsS, FBACP, C.Psychol, UKCPF*

Staff

Martin Adams
Claire Arnold-Baker
Yannis Arzoumanides
Manu Bazzano
Vaughan Bell
Jane Chamberlain
Mariza Christodoulou
Jill Cooper
Marco Cortez
Jane Curzon
Niki D
David Dickey-Collas
Akaterini Fotopoulou
Marcia Gamsu
Ralph Goldstein
Monica Hanaway
Helen Hayes
Hugh Hetherington
Paul Hingston
Mark Hoelterhoff
Anne-Sophie Hofmann
Denise Ielitro
Maurice Jenkinson
Lynne Jordan
Bernie Joy
Dale Judd
Pavlo Kanellakis
Barbara Karban
Werner Kierski
Rupert King
Darren Langdrige
Simone Lee
Jackie Lewis
Richard Lewis
Rosemary Lodge
Frans Lohman
Antonia Macaro
Chris Maddox
Gregory Madison

Elena Manafi
Mo Mandic
Catriona May
Daniel Mirea
Diana Mitchell
Carole Myers
Ulrike Nau-Debor
Georg Nicolaus
Sanja Oakley
Nils Soren Petter
Diana Pringle
Mark Rayner
Susanna Rennie
Jan Sheppard
Pnina Shinebourne
Steve Silverton
Paul Smith-Pickard
Bernice Sorensen
Naomi Stadlen
Alison Strasser
Sheelagh Strawbridge
Richard Swynnerton
Digby Tantam
Grace Tantam
Clayton Thompson
Stephen Ticktin
Aneta Tunariu
Elizabeth Turner
Christina Vallianatou
Anthony Venditti
Diana Voller
Karen Weixel-Dixon
Charles Wells
Damian White
Emma Wilkinson
Karen Weixel Dixon
Brinley Yare
Sarah Young

How to Enrol

Complete an application form (obtainable from the address below, or from our website) and send it to NSPC together with the £30 application fee and the following materials:

- Recent CV.
- Four recent passport size photographs.
- Copy of passport.
- Photocopies of relevant professional and academic diplomas.
- Personal Statement - Please provide further details of your personal and professional background which are relevant for applying to a course of this nature.

Please send the application form to the Course Co-coordinator at the following address:

New School of Psychotherapy & Counselling
Royal Waterloo House
51 - 55 Waterloo Road
London SE1 8TX

Telephone: 0207 928 4344
Fax: 0207 401 2231
Email: admin@nspc.org.uk
Website: www.nspc.org.uk